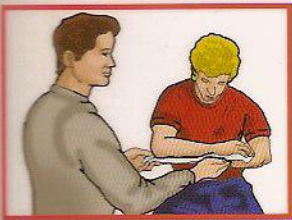


Dislocation and Fractures

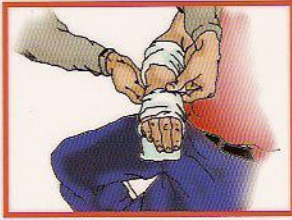
Only do the following if you have to move the victim and if you can do so without hurting the victim any further. Never try to relocate a displaced joint or bone, you could cause more damage. If the bone has broken the skin do not splint. Treat for bleeding and call 911.



Place something under the injured body part to give it support.



Place bandages above and below the injury. **NEVER** over the the injured area.



Check the limb for circulation. Do not tie too tight.



Use another bandage to keep the body part from moving.



Tie off the ends.

Bleeding

Before handling any wounds, gloves and any other appropriate barriers should be used.



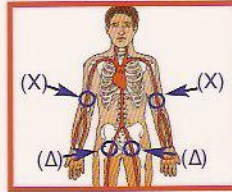
Direct Pressure with clean sterile dressing.



Elevate injured part above heart.



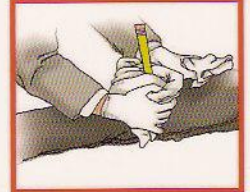
Bandage wound with overlapping layers. If blood soaks through, do not remove; place another layer of dressings on top.



If the wound continues to bleed, push on a pressure point. In the arm push on the brachial artery (X). In the leg push on the femoral artery (Δ).



Squeeze artery against bone using the pressure point **Do not use a tourniquet.** Treat the victim for shock.



Embedded Objects
If something is embedded in the body bandage around the object. **Do not remove the object from the body. Call 911.**

Closed Wounds Treat with R.I.C.E.



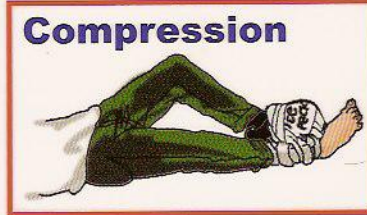
Rest

Rest the injured body part.



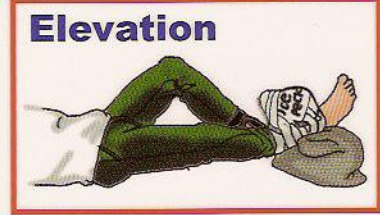
Ice

Apply an ice pack. Never put ice directly on skin always wrap it in a cloth first.



Compression

Use wrap to hold ice in place. Do not wrap too tight.

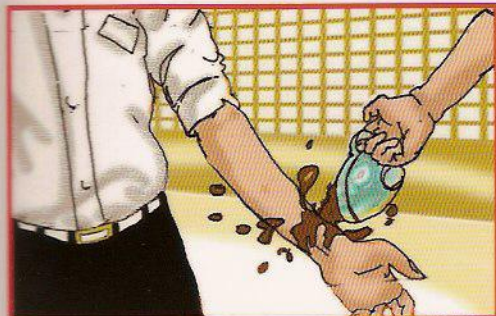


Elevation

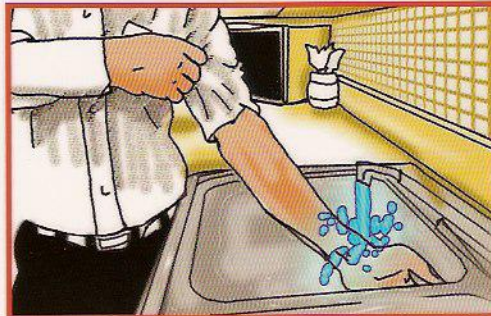
Elevate injured body part above the heart.

Burns

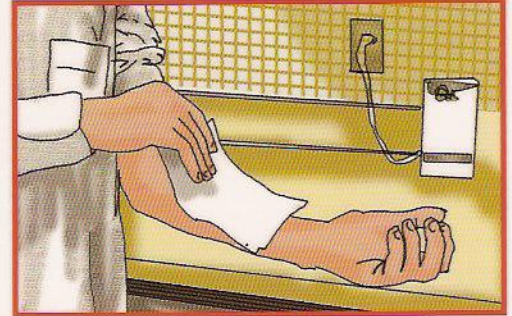
Do not remove any clothing stuck to the burn.



Stop the burning.



Cool with running water (**NEVER USE BUTTER**) (**NEVER USE ICE**). Do not apply water to 3rd degree burns.



Cover with clean sterile dressing.